

September 2014

Providing the temporary care of children, one to one mentoring and aged care services



Coach

Temcare COACH has continued to grow during the first half of 2014. Many of the mothers supported by this nurturing relationship are also receiving respite care for their children. Our provision of a holistic service is one of many responses to needs that demonstrate to families that they are a part of the Temcare community. Today research everywhere tells us about the importance of community connections to the individual's mental health. It even suggests that perceived connection to a community makes a significant difference. So while we might think that someone is a bit disinterested and uncommitted in their connection to community activities we should never underestimate how important those links are to an individual. If you have a heart for people who are struggling along in life and can find 2 hours a fortnight to give of your time please consider joining our well-supported team of COACH Mentors. We currently have a lovely lady in the Mt Evelyn area who is keen to be matched with a mentor, I would love to hear from anyone who is keen to offer her or anyone else support in this way.

Nat



Praise

Prayer

- For the response of individual and churches to the wider community need for respite and mentoring.
- For individuals and churches to give financially to support families and children.
- For strong links to be established between Temcare and the CCCVat churches.
- For all the families supported through Temcare's programs.

Praise

- For opportunities to share about the hope we have in Jesus.
- For the perseverance and commitment of individual volunteers, who serve the Lord and families through the Temcare programs.
- For churches who have shown interest in connecting more with the community through the Temcare programs.



CARE

Hello to all our wonderful volunteers and supporters.

We give thanks for each of you, and pray you will be blessed as you support Temcare, and enjoy reading a little snapshot of what has been happening in the ministry these past months.

This newsletter I would really like to honour our respite carers who persevere with caring, sometimes under trying personal circumstances, or situations in the families they serve. I can think of a number of examples in the past months, where carers have maintained relationship and kept caring despite house moves, deaths in the family, challenging behaviours from their respite children, changes in frequency of placements, relationship difficulties, and changes in the children coming into their care, just to name a few! We really, really appreciate your willingness, your commitment and most of all your heart to these children and their families.

Part of my job that I really love, is the follow up calls after a weekend placement, and the privilege of hearing the stories and wonderful adventures carers and children have had over a weekend together. A really encouraging theme or pattern I see emerging, is that of stability in relationship. Some of these carers have had their respite children coming to them for a number of years, and the benefit of these long term relationships is very evident. I am often hearing phrases like "it really feels like 'Johnny' is part of the family now", "he is fitting in so well", "the children are playing together so nicely, they have figured each other out, and it is so compatible". All these comments are extremely encouraging, and reinforce the value of what we do; not only giving Mums, Dads and

Grandparents a much needed break, but adding value to the life of a child, and to the family life of the respite carers. Our carers often tell me how enjoyable it is getting to know the children who come, all their interesting characters and personalities, and how these little people really become part of their family. Praise God for you all!

The last part of the year is always a busy time around the office with continued placements, training of our new volunteers, September School holiday program coming up, and then of course the lead up to Christmas, and planning for our January Family Camp.

Thank you to all of you for your continued interest and support. We couldn't do it without you!

God bless you all, With much love,

Simone

CARE Statistics

Month	Placements
May 2014	24
June 2014	21
July 2014	21
Total	66

Gender	Contacts
Female	7
Male	12

Feel Like Giving?

There are many ways you can support the ministry of Temcare.

Donations

We need your financial support. Not everyone can give of his or her time, so why not consider supporting the work of Temcare through a financial gift. Your gift will go toward placing a child in respite care or supporting a young person through mentoring. You may choose to specify how your gift is used too. All donations over \$2 are tax deductible and support the Temcare clients through respite care, mentoring and other activities. A donation slip is included with this newsletter.

Mentoring and Respite Care

Please consider becoming involved in one of programs to support children and families. With growing waiting lists, Temcare values the time you can give to a child, family or single parent. There are people living across Melbourne who the need the support of a volunteer like you. Costs are minimal and a small reimbursement is provided. A staff member will be happy to discuss what's involved, how much time is required and how you can make a significant impact upon the life of a child or family. Call or return the flyer enclosed for more information.

Prayer

We would love you to pray! Each week, the Temcare staff are coordinating and supervising respite placements and mentoring matches. Each week, the aged who are isolated are being visited and attending group sessions. These responsibilities require professionalism, care and wisdom so Temcare would appreciated the time you take to pray. Maybe you can start a prayer group in your church. We would be happy to inform you regularly of our prayer needs.

Administration and Fundraising

Can you spare a few hours a month to help with office administration or fundraising opportunities. These tasks are important to the on-going work of Temcare so please speak to a staff member of you want to find out more.

Driving

Occasionally, throughout the year, families need some help to get their child to and from a placement. If you think you can help once or twice a year please let us know. Your petrol costs will be reimbursed and we would be happy to discuss what requirements there are. This is a great help to the Temcare staff, volunteers and families.

Barry





Thank you

I can not describe in words, how valuable Temcare have been in holding and supporting our family over the past 8 Years. They have 'literally' been life savers for me and provided stable environments for my children to experience.

As a single mum of 4 for 10 years coping with major mental health issues and having left an abusive relationship, Temcare were our saving grace.

Temcare not only have given respite to me for two of my children at times but managed to find such a good match for my youngest that they have become like a second family to her.

We have had the privilege of attending camps and school holiday outings, which were something that for many years I couldn't afford to do with my kids or had then

energy to do with them on my own. Sometimes it was just an ear of the worker who would listen and sometimes it was the feeling of being appreciated if I gave something back, no matter how small.

This respite time for me, gave me a chance to let my emotions release and rebalance, to then be able to cope again with life and parenting when I needed to pick up my girls.

I am so grateful for the volunteers and staff at Temcare. Temcare are like a family to me. So much, that they were invited to my wedding recently this year.

If you can help other families like myself you are helping to positively influence a generation. The time you give to volunteer means another family can grow and blossom like ours. Every dollar you give means Temcare can provide affordable

opportunities in the future and grow their network.

Today, my family are better off because someone took the time to decide to offer respite and contribute financially to Temcare.

Dee



Thank you to all who support Temcare.

It means more than words can ever express.



Mates

The Mates program has been in fast forward mode the past couple of months, as we have welcomed the Prison Fellowship mentoring program under our banner. I have been meeting with the pre-existing mentors and the families to formalise their match and build relationship. We have also welcomed 4 new mentors into the Mates program who have recently been matched or are being matched at this stage.

God News Story:

One of our amazing mentors has taken on two mentees, one she has been matched with since last year and a new one in the past month. Along with spending quality one-on-one time with them, our volunteer also transports the girls to and from Youth group every Friday night at 1330 Church in Scoresby. The girls are building relationships with other Christian youth within the group and are really enjoying the program they offer. Without the influence of our volunteer in the girls lives their experience of church would have been limited.

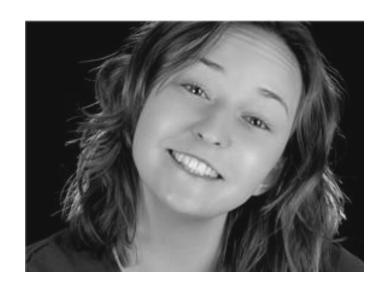
I am so excited about the cultural shift that is happening within the program, with the new mentors coming on board who bring passion and a strong sense of commitment to their mentees. Thank you or your prayer and financial support that impacts so positively on our young peoples lives.

Paula

MATES Statistics

Month	Contacts
May 2014	7
June 2014	5
July 2014	17
Total	29

Gender	Contacts
Female	7
Male	12





Mates Camp 2014

We are excited to announce that our Mates camp for 2014 will be held at CYC The Island on the 14th November. Each year, around 40 mentors and young people attend a weekend filled with fun activities and provides an opportunity for young people to build relationships, try new challenges and learn more about the Christian faith. Its always an amazing time which young people are keen to attend. This year we welcome young people and mentors from Prison Fellowship who have recently joined the Mates program and look forward to having them on board.

Temcare aims to make this weekend affordable to all so any contribution would be a great help. All donations to Temcare can be sent to 10/16 Fellows Street or our bank details can be found on our website. Please make sure to state that your donation is for the Mates camp. We thank you in advance for your support and prayer and will make sure to tell you all about the weekend in our next newsletter. If you would like to find out more about the Mates Camp, please give me a call on 9852 9795.

Paula



New Website & Facebook

Temcare website is under construction and we hope to have this ready by the end of September. Keep a look out! In the meantime, do not hesitate to contact us on 9852 9795 or temcare@westnet.com.au

Like us on Facebook
If you haven't already, go online
today and 'like' us on Facebook.
You can find us at
facebook.com/temcarefamily
and keep up to date with
Temcare news and events.





Aged Care Work

"Would you be able to come to see my mother?" a request from a son for his, as it turned out, dying mother. I had not met them before and wondered what to expect. When I arrived the son ushered me to his mother's room. 'Gladys' lay in her bed alert, welcoming yet clearly bed-ridden. It was lovely to meet her and have a chat with her about her husband and family. Her son and daughter joined in the reminiscing which then turned to reflect on the Lord's goodness that they had experienced as a family. It was precious family time and I felt privileged to have been there to witness it.

I then turned to the Scriptures, to something well known especially for someone who was showing the early signs of dementia. Psalm 23, the Shepherd's Psalm, is so comforting, realistic and full of hope. 'Gladys' took it all in recalling the words of the Psalm despite her frailty. It is so heart-warming to see that God's word remains in such hearts as 'Gladys'. Her faith was taking her to the edge of life and was her confidence for the life beyond: "And I will dwell in the house of the LORD forever."

What a privilege to pray with her and her family. The Lord's presence drawing us together to acknowledge His care and constant presence through this life and confidence for the next became the note of our thanksgiving and praise. 'Gladys' smiled as we concluded. It had been an effort on her

part but an effort she was willing to give. Now it was time for her to rest in bed. It was only a few days later that 'Gladys' passed away. Now she rests without tiring but with more energy and joy for she is with her Lord. What a privilege to share with another believer in their final moments on earth with encouragement and expectant wonder of the promised life to come.

Thank you for your continuing prayer support. Pray that the Lord will give me the wisdom to speak timely words of hope and faith in our Lord Jesus Christ.

Adrian



God sets the Solitary in families Psalms. 68:6

CONTACT TEMCARE

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